

# NEWS LETTER

Vol. 4  
HPSHCC Alumni Association

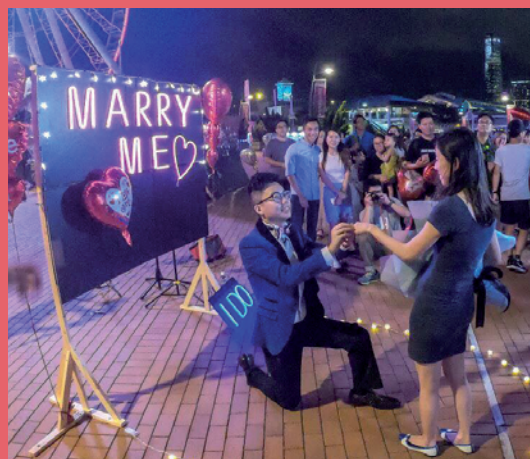
校友畢業後各奔前程，無論學業、事業及感情生活上皆有不同的發展，展開了人生新的一頁。而最開心的是能夠分享他們的甜蜜和喜悅，亦祝福他們繼續幸福快樂，恭喜恭喜！

## 囍 囍

2018-2019



Lois Li (HD in NFM 2012)  
Jeremy Lo (HD in NFM 2012)



Aiden Yeung (HD in NFM 2013)  
Herman Hui (HD in NFM 2012)

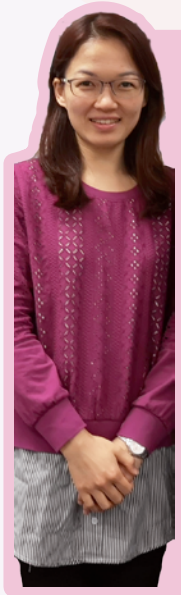


Shirley Yam (HD in THM 2011)  
Felix Kwan  
晴晴 (2.5 years old)  
諾諾 (4 years old)  
楠楠 (8 months)

# WELCOME

大家好! 我是SDRC新同事: **Tracy Woo!** 先向大家說聲新年快樂, 祝願大家身體健康。這兩個多月感謝SDRC同事(**Kammy Chan, Koen Tai, Tony Mak, Ally Wu, Grace Lee**) 的幫忙及提點, 讓我慢慢適應新環境新工作。

過去很長時間我在小學工作, 每天都面對一大班活潑好動的孩子, 轉眼間來到這裡, 真的大不同! 雖然環境改變了, 但始終沒變的是一個信念『助人自助 重新得力 讓你的生命變得不一樣』希望我來到這裡後, 能夠幫助不同人, 亦同時令自己不斷成長。



大家好, 我是  
**Tracy Woo** 😊  
好高興認識大家。



## 編者的話

編輯: 陳希彤 Tiffany Chan (AD in CPRJ 2013)

Hello 大家好, 好久不見! 祝大家新年進步, 身體健康。

今期 newsletter 好熱鬧啊, 有很多舊生一同分享新消息, 希望各位都一切安好。在此亦特別歡迎新來的 SDRC 同事 Tracy, 感謝他的工作!

這期亦對我十分特別, 因為這篇文章是在英國完成的, 而且執筆之時是我人生第一次親眼看到雪! 去年9月, 我離開了香港, 負笈英國, 現在人在英國南部修讀碩士。來英讀書是我一直的夢想, 而且是我一直希望修讀的科目, 更加是在全球頂尖的研究所, 終於可以實現夢想真的又興奮又緊張。不知不覺, 已經在英國待了四個月, 基本上已經熟悉英國的運作。

猶記得第一個星期來到英國, 搬入學校的時候, 經歷了一兩天的思鄉, 特別是見到有很多人都是由父母送入學校, 見到這些情景就想念家人。而我一直很堅持要自己一個來英國、到學校報到、面對所有事情(包括用硬幣、買車票), 原來也有孤單的時候。幸好這個感覺隨著開學, 以及開始認識朋友就慢慢消失。之後我更加明白, 即使是一件好事一件期待已久的事, 都有它困難的時候。

這讓我想起, 以前工作的同事知道我來英後的情況, 就寄了一張明信片來英國給我, 上面寫著: 「來了就勇敢一點 / 雖然會害怕 / 但是會發生的事 / 擋也擋不住 / 像是注定好的一樣」真好。來了就勇敢一點。祝福各位新知舊雨, 在人生任何歷程中, 都勇敢下去。



(圖: 在英國南部著名的七姊妹崖 Seven Sisters)

# 校友分享

## Iverson Ng (AD in CPRJ 2013)

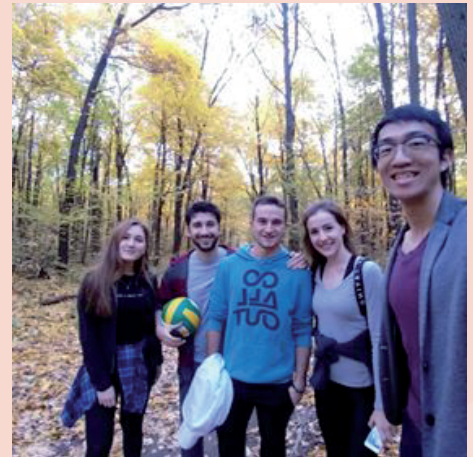
One of the best decisions in my life is to focus on learning one language throughout the whole semester.

As a Master's student specialising EU-Russia relations at the University of Tartu in Estonia, it is indeed crucial for me to know the language. So I decided to study in Voronezh, a Russian city where a few people can speak English.

In the beginning of the semester, it is unavoidable to hang out with classmates from abroad. Although it was not my primitive goal, it took time to find out a work-life balance. I was glad to live with someone who was dedicated to learn Russian.

At first I struggled to get used to Voronezh as a Russian city with fewer foreigners compared to big cities like Moscow and St. Petersburg.

Nonetheless, it was astonishing to get acquainted with classmates who had already lived abroad before they came to Voronezh as exchange students.



**International vibes, local focus**



Cliché it may sound, it's almost compulsory to drink with Russians if anyone wants to make friends from Russia and learn their language. While I'm not encouraging anyone to drink irresponsibly, taking a shot or two of vodka would be a friendly gesture to show that you are engaging with their local customs.

### **Drink for courage, party for locals**

Personally, it was easier for me to speak Russian after taking a small sip of vodka. I still remembered how exciting it was to knock on my neighbours' doors so as to invite Russian friends to come to my flat party. With my broken Russian, I somehow managed to communicate with them because both of us made efforts to understand each other. That's the key to learn a language.

As I rushed through all the grammatical items in Russian to prepare for the state-level Russian language exams, I met a local who did not speak English at all. I was so glad that I could communicate with someone by using a new language I acquired during the exchange semester. We also bonded with each other emotionally. I believe that this is the key to understand a language—you learn a language through love, not just by reading books.

To this end, I want to challenge you all to study abroad, and find a place where you don't understand its language at all!



**Language partner**

Всего хорошего! (All the best!)

# 校友活動花絮

校友會週年晚宴  
2018年5月21日



超過100位師生出席校友會週年晚宴，  
共渡一個溫馨的晚上



校友瑜珈班  
2018年5月2日

校友在瑜珈班學習到  
不同瑜珈動作和感受  
身體的技巧，樂在其中

校友烹飪班  
2018年9月19日及11月2日

舉辦兩次烹飪班，  
校友十分享受  
親手製作的  
月餅和蛋撻



大家密切留意  
校友會活動！

嚟緊5月將會有舊生晚宴；  
6月將會有DIY香皂班。

歡迎校友投稿，與其他校友分享生活近況或  
校園回憶。

每份稿件約200字，連同相片請電郵至  
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